

The Silent Patient by Alex Michaelides Reviewed by Colin



Stand Alone, Mystery

Give a summary without spoilers!

The Silent Patient, a mystery novella written by Alex Michaelides, is an excellent example of a modern day mystery. With heart racing, page turning, and energy flowing scenes, the piece is difficult to put down. In the Silent Patient, the readers are first introduced to a character named Alicia Berenson. Alicia Berenson is a famous painter who murdered her husband six years ago and hasn't spoken a word since. Her husband was a photographer for Vogue and other well known magazine companies. He was found bound to a chair from wires with five gunshot wounds to his face, and she was found guilty for the murder. Theo Faber is a psychotherapist who hopes to treat Alicia and uncover the mystery behind her motives for killing her husband. Theo decides to risk the status of his career at the Grove to treat her, and uncover why she did it. Theo uncovers and reveals deep truths, secret works, and also brings hope to the building when he arrives. The only problem? Someone isn't who they say they are after all.

What drew you to this book?

I think the storyline, and also the premise was a big factor with leading me to this read. The back writing intrigued me to read on, and I am glad I did.

Did it remind you of something that you've previously read?

In fact, it does. The Silent Patient has similar storylines and character development like "Watching You" and "Such a Quiet Place". All three books share a common mystery, and involve a "Who dun it" type of vibe.

To whom would you recommend this book?

The Silent Patient is a good book for someone who is into deep and page turning mystery. While reading the book, the readers need to be attentive and some may be able to solve the mystery before one is introduced. That's what makes this book so fun, it's that you can fall deep within the story and next thing you know, you are down to your last few pages!

Overall, did you like it and would you recommend it to others?

Overall, this book had to have been in the top five of 2022 reads for me. The characters, the scenes, the plot, all of it combined to create a classic and seemingly ideal mystery for a quick and fun read.

Anything else that you would like to add to this review? What made you choose it? Did you like the cover? Was it recommended to you? Did you find it at the library?

I had this book recommended by a family member who saw it on "Book Tok", a series of social media videos of good reads and fun books. The cover is cool, but in my view it does not level itself to the real entertainment behind this read. Overall, I definitely recommend it!