



My Body by Emily Ratajkowski
Reviewed by Savannah



Non Fiction, Memoir, Essays

Give a summary without spoilers!

My Body is the memoir of highly desired supermodel Emily Ratajkowski. She relays the story of how she came to fame, not sparing any details of the ins-and-outs of the industry. Emily goes into depth of the early parts of her relationship with her now ex-husband, and describes how she deals with being used and sexualized for her body. In this trying story of feminism and fame, Ratajkowski exposes the modeling industry for what it is and is not afraid to call anyone out.

What drew you to this book?

I was excited to read *My Body* because I am a fan of popular culture, and am up to date with all of the latest news surrounding models such as Kendall Jenner, Bella Hadid, and of course, Ratajkowski herself. I am deeply interested in memoirs, and this was one that I especially found myself enthralled with. I was excited to get such a unique perspective on the entertainment industry from someone who is of such a high status in the world.

Did it remind you of something that you've previously read?

This book reminded me of *A Well Behaved Woman*, a historical fiction novel which I also recommend to anyone who is reading this review. It was similar in that they are both about women who are sexualized and tormented in the media. Both Alva Vanderbilt in *A Well Behaved Woman* as well as Emily Ratajkowski are assumed to be good for nothing but looks and sexuality because they are women. As Emily writes in her memoir and proves with her eloquence, this is not the case.

To whom would you recommend this book?

I would recommend this book to anyone interested in celebrity memoirs and celebrity culture. I will say that many other reviews have agreed with my personal opinion that Ratajkowski comes off as slightly arrogant in what is meant to be honesty. If you are someone who scoffs at celebrities and their lifestyles, this is not the book for you.

Overall, did you like it and would you recommend it to others?

I did enjoy this book overall. I am someone who loves memoirs and was able to finish this book in a day. I am big on seeing life through the perspectives of others, and this was a perspective that was new and interesting. I do feel as if getting such a raw and truthful telling of experience at such an elite level similar to Emily's is rare, and may not happen again soon for my generation. I think if you are open-minded, and share a similar curiosity about the human experience to me, this book is one that I recommend.

Anything else that you would like to add to this review? What made you choose it? Did you like the cover? Was it recommended to you? Did you find it at the library?

No